



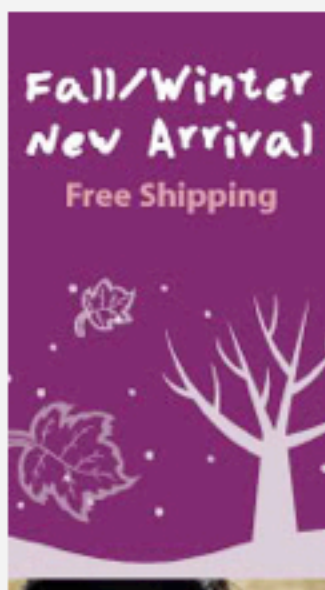
Trends and Tips

for living a fashionable and fabulous life

October is Fall Fun Month!



www.KidCuteTure.com



go bebe™ An Expression of You

Baby Bags for Stylish and Organized Moms
10% Discount and Free Shipping
Priority Code: Momtrends 2010

AMY MICHELLE™ go totes™

Sign up for the Momtrends monthly newsletter

Email:

Privacy by SafeSubscribe™
For Email Marketing you can trust

Lunch Box Planning

POSTED BY SHERRI SCHUBERT ON MONDAY, AUGUST 23, 2010
LABELS: BACK TO SCHOOL, LUNCHES FOR KIDS, SHOPPING GUIDES FOR MOMS



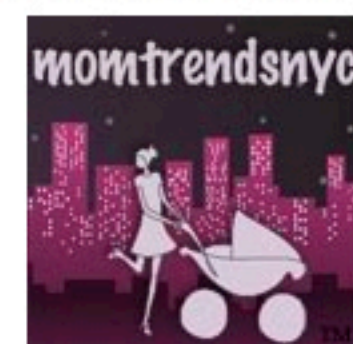
It is not rocket science, but it sure feels like it! Yes, some of you clever moms actually make rockets out of sandwiches and fruits and veggies for your kids' lunches. Whether you are one of those moms or not, we have the best lunch planning guide to keep lunch preparation down to earth.

Life is complicated enough- so why not simplify it by using this easy to follow healthy lunch planning guide and shopping list.

LUNCH PLANNING GUIDE

| Canned | Beverages | Grains |
|---|---|---|
| Fresh or canned wild Alaskan salmon White tuna from Wild Planet Beans – Amy's organic or Eden's Organic Rice and Black bean Garden vegetable and tortellini soup – Amy's | Bottled water Flavored water 100% juice boxed- Apple and Eve Organic Izze sparkling juice Single serve milk boxes – Horizon Organic Non-dairy single serve soy milk or rice milk Fruit Smoothie Welch's Organic grape juice Vegetable juice – Kagome's fruit and veggie blend | Whole grain bread, like Rudi's Wraps – try Food for Life Whole wheat pasta Whole grain crackers Baked tortilla chips Natural granola Macaroni and cheese mix - Back to Nature or Annies |
| Dairy/Dairy | | |

FOR THE MODERN NYC MOM



momtrends Contests

Amy Michelle Handbag Giveaway-ends 10/31
Dove Chocolate Football Giveaway-ends 10/31
Tailgating Giveaway-ends 10/31

SIGN UP FOR THE DAILY TREND REPORT

Enter your Email

Preview | Powered by FeedBlitz

MOMTRENDS WEEKLY FEATURES