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## 50 Ways to Eat Sustainably

### 31. Buy Better Canned Tuna

American albacore is the only canned variety out there that's certified to be sustainably fished. Wild Planet's albacore is hand-packed in BPA-free cans without added oil, water, or fillers. From \$4 a can; [wildplanetfoods.com](http://wildplanetfoods.com)



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From the best eco sites to the leading planet-friendly companies, this reference guide has all the essentials you need to live and shop greener.

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